

# ***Thread Vein Treatments***

## ***Causes of Thread Veins***

*Thread Veins, spider naevus and broken veins are fine veins that appear near the surface of the skin usually on the face and legs. There are various reasons why some people are more prone than others. Genetic reasons, exposure to the sun, wind, extreme temperatures, pregnancy, or hormonal changes to name but a few.*

## ***Can thread veins be treated?***

*Yes. Laser therapy is very effective for the removal of thread veins. The laser cauterises the thread veins and the vein collapses, the lymphatic system then drains the blood away. This can take a week or so and there may be a small amount of bruising. The thread veins are damaged veins they do not function correctly and therefore they can be treated without causing any further problems.*

## ***Side Effects***

*Directly after the Nd YAG treatment the treated veins may become brown and over the next day or so bruising and scabbing may appear. This can take a couple of weeks to clear up. We advise that you use a mild antiseptic cream and Arnica cream, which will reduce any bruising. After a two to three week period you will notice that the veins have reduced considerably if not disappeared.*

*Directly after the Crystal 618 IPL treatment you may feel the veins are warm, keep them cool and apply the arnica cream. You may not have any bruising or scabbing with this treatment and the veins will start to fade over the eight-week period. On occasions you may need up to three treatments. If the veins have not gone after three treatments they probably will not go.*

## ***Consultation and Cost***

*Your initial consultation is free, we charge £30 for the patch test and this is deducted at the time of your first treatment or refunded if for any medical reasons you cannot have the treatment. Your laser specialist will complete a consultation to ensure the treatment is right for you, to check your medical history and suitability for the treatment. She will decide which laser treatment is most suitable for you, either the NdYAG or the Crystal 618 IPL. She will perform a small patch test on the area to be treated. The cost of the treatment is determined on the size of the area treated. In the instance where there is only one or two veins needing treatment we will perform the treatment at the time of the consultation, the minimum charge for this is £77.*

## ***Frequency of the treatment***

*It is advised that you leave a 6-8 week period between treatments in the same area.*

## ***After care advice for thread vein treatments***

*It is important that you follow the instructions to achieve the desired results from your treatment.*

## ***Facial thread vein treatment***

- Apply a cooling compress throughout the day after the treatment to soothe the area.*
- Avoid any form of heat exposure 24 hours – cooking, hot baths or showers, tepid only, sauna, steam room.*
- Avoid perfume or scented body lotion.*

- *Avoid swimming, Jacuzzis and anything that will increase your blood pressure excessively for 7 days after the treatment.*
- *Make-up may be applied 30 minutes after treatment providing that any sponges or applicators are new.*

### ***Body thread vein removal***

- *Follow the above instructions.*
- *Wear support tights for 7 days after the treatment.*
- *Avoid crossing legs*
- *Avoid any excessive exercise a week after your treatment*

### ***General advice***

- *Use a soothing cream to reduce any bruising, arnica cream is excellent. The bruising on the body can last up to three weeks; this is quite normal.*
- *There is minimal bruising if any on the face.*
- *Sometimes a scab may appear on the treated area, this is normal. Keep it clean and do not attempt to pick it. Scabbing can last up to a couple of weeks, so bear this in mind when booking your appointment.*
- *Avoid smoking two hours prior and post the treatment. Smoking causes vasoconstriction of the microvasculature of the dermis so we may not see all the veins that need to be treated.*
- *We cannot work on suntanned skin two weeks after being in the sun; the laser is attracted to the pigment in the skin and will hinder your treatment.*
- *Avoid using cosmetic preparations containing retinal or strong A.H.A fruit acids prior to your treatment.*
- *If you are taking any medication prescription or non-prescription drugs please inform your therapist.*
- *A sun block must be used at all times, rain or shine for the 8 week period.*

***If you have any queries regarding your treatment please feel free to contact the salon at any time.  
01489 789589***