

The Hair Removal Treatment

Record 618 is a gentle and effective treatment for the removal of unwanted hair. A course of 6-12 treatments is necessary with 6-8 weeks intervals for the best results.

To achieve the maximum effect all types of hair removal should be avoided for 4 weeks before treatment.

It is necessary to avoid sun exposure and sun beds 4 weeks before treatment and 4 weeks after treatment.

The epidermis also contains melanin and the amount increases when the skin is exposed to UV-light. For that reason it is necessary to treat darker skinned and tanned clients with lower energy levels to avoid over heating the skin.

After a number of treatments the hair visible in the area will reduce in amount, colour and thickness.

Clients with dark hair will find the treatment most successful because of the large amount of melanin in the hair. This produces a higher absorption of the light energy (which is converted into heat) and gives a good result.

Clients with light hair may find the treatment less effective as there is little melanin in the hair. As a result less heat is created, so the destruction of the hair follicle is less certain. However we have found during our years of experience that if we remove the hair immediately prior to treating with the IPL the results are very similar to clients with dark hair.

The Record 618 emits a flash of high intensity light that penetrated through the epidermis, is absorbed and assimilated in the hair bulbous region.

Skin reaction after treatment

- Slight follicular erythema and oedema is often seen after the treatment particularly in darker haired clients and on thicker hair. It appears somewhat like a post waxing skin response
- Slight skin erythema is sometimes seen immediately after the treatment and this will disappear in 1-2 hours.
- There may be a smell of burned hair
- Hairs can become brittle and fall apart when pulled. In some cases tweezing after the second treatment is easier than the first
- In darker skin types the skin response can be delayed for up to 24 hours.

Treatment regime

6 -12 treatments are necessary every 6 – 8 weeks or as and when the hair returns. It is not necessary to treatment within a 3 week period as the hairs have already been treated and you may be performing an ineffective treatment.

Suggested treatment intervals:

Face: 4 – 6 weeks U/arms and bikini 6 – 8 weeks Legs & arms 8 – 12 weeks

Top up treatments may be necessary to maintain the best long term results.

Hair Removal

Pre Treatment Care

It is important that the client follows the guidelines below 30 days prior to treatment:

- Do NOT sunbathe or use sun beds
- Do NOT use self tanning creams
- Do NOT have electrolysis, unless specified by your therapist.
- Do NOT wax, unless specified by your therapist.
- Do NOT pull out hair with tweezers
- Do NOT thread the hairs
- Do NOT bleach the hair
- Do NOT use depilatory creams

Post Treatment Care

It is important that the clients follow the aftercare instructions listed below:

For 30 days after treatment:

- Do NOT sunbathe or use sun beds
- A sun cream of SPF 20 + is recommended on any exposed areas.

For 48 hours after treatment:

- Avoid the use of highly perfumed products or make-up on the area
- Avoid any heat on the area. This includes saunas, steam rooms, hot water, and hot showers and baths.
- Avoid swimming & excessive exercise
- If irritation occurs do not touch, pick or scratch the treated area
- If the area is particularly sensitive after the treatment 100% aloe vera can be applied to reduce any side effect and a cold compress.

Clients can either shave or exfoliate the treated area 4 days after the treatment to encourage the hairs to shed.

After your treatment you will leave with the hair in the area treated. The heat produced from the Record 618 IPL kills the hair in the follicle but the hairs remain in the follicles and may become attached to the epidermis. These hairs will start to shed/fall out after 3 weeks from the treatment as the epidermis is renewed. During this time it may seem that the hairs are still growing.

If the hair bothers you while it is shedding from the skin you can shave the area after the treatment and for the next few weeks while it is shedding. Exfoliation with a body brush or mild scrub can also help the shedding process.

Please also note that IPI is a permanent hair reduction treatment and permanent hair removal cannot be advertised because you have dormant hair follicles which can be stimulated at any time. Top up treatments are advised to maintain the results.

If you have any queries at all please call the salon on 01489 789589 or e-mail us at info@amandaofbotley.co.uk